SANSKAAR INTERNATIONAL SCHOOL (Senior Secondary C.B.S.E. Delhi AFF. School No. 70024) SAKET NAGAR, SULEM SARAI, PRAYAGRAJ - 211 001

The number of cases of Covid-19 in the country is witnessing an alarming upward tread because of laxity in observation of Covid-19 precautions, low compliance for vaccination and false sense of confidence. Hence, it is imperative to re-emphasize adherence to Covid-19 appropriate behavior by driving behavior change through Cleanliness, Wearing Masks, Safe Distancing and Washing Hands.



## To prevent the spread of COVID-19:

- Clean your hands often. Use soap and water, or an alcohol-based hand rub.
- Maintain a safe distance from anyone who is coughing or sneezing.
- Wear a mask when physical distancing is not possible.
- Don't touch your eyes, nose or mouth.
- Cover your nose and mouth with your bent elbow or a tissue when you cough or sneeze.
- Stay home if you feel unwell.
- If you have a fever, cough and difficulty breathing, seek medical attention.

Calling in advance allows your healthcare provider to quickly direct you to the right health facility. This protects you, and prevents the spread of viruses and other infections.

## WEAR MASKS

Masks can help prevent the spread of the virus from the person wearing the mask to others. Masks alone do not protect against COVID-19, and should be combined with physical distancing and hand hygiene. Follow the advice provided by your local health authority.

## STAY SAFE , STAY AT HOME

-Amrita Agarwal Principal

